



Skidaway Island Preschool Newsletter

Volume 11, Issue 7

March, 2009

A Word from the Director

Dear Parents,

We are pleased to be able to offer our Summer Camp again this year. Last year was a huge success; we had 36 children registered for the first week, and 28 children for the second week. The camp will be the first two weeks of June, June 1-5 and June 8-12 from 9 a.m.—12 noon.

The children made crafts, played games, listened to and sang songs, played on the playground, splashed on water sports day, and participated in creative play in the classroom.

We will again have our trained staff of teachers and assistants to create a loving and caring atmosphere for your children. Each classroom will have 10-12 children and two staff members.

Our program will meet the needs of children 2-5. Mary Iannone will be teaching the 2's class, Pam Goode will be teaching the 3's class, and Maria Rogers will be teaching the 4-5 year old class.

Registration will begin on March 1. The materials are attached to this newsletter and can be found online under Skidaway Island Presbyterian Church. Registration fees of \$125/week are due by April 1 and are not refundable.

Please join us for a fun-filled Summer Camp!

Pat Goodday, Director



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Special points of interest:

- ♦ *Please return your invoice with your tuition payment.*

Easter Party

Please have your child bring 12 filled plastic eggs to class by March 27. The Easter Egg Hunt will be for all classes and will begin at 11:15 on Friday, April 3. The 1's will be inside; 2's on the playground, and 3's in the church yard. Two parents from each class are needed to distribute the Easter eggs at 11:00.



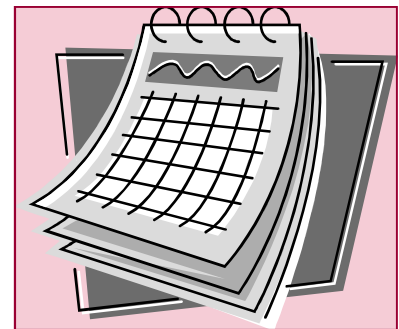
**Skidaway Island Presbyterian Church
Vacation Bible School
June 16-20, 9-12 a.m.
More info to follow**

Friday, March 6
Monday, March 16

Tuesday, March 17
Week of March 23
Wednesday, March 25
Friday, March 27

Friday, March 27
Friday, April 3
Monday April 6-13
Monday, April 13

Music with Matt, Liston Hall, 11:00
St. Patrick's Day Celebrations in classrooms
School Holiday
Critic Week
Critic Lady, Liston Hall, 10:00
Eva Harwood's Grandmother, Marie, brings horses and critters to school
Bring filled plastic Easter Eggs
Easter Egg Hunt and parties
Spring Break
School Holiday



TOO MUCH TELEVISION? FROM Parents Magazine, July 28 by Janna Oberforf

Q The American Academy of Pediatrics recommends that children under age 2 avoid all TV and kids 2 to 6 years old watch only one to two hours. Is that realistic?

A Of course, it is—and I think most parents would be willing to go along with those recommendations if they realized how media affect their kids. Children definitely can live without television—they did in the 50's.

Q But things have changed a lot since then. We're surrounded by all kinds of media now.

A We are—it's the noisemaking wallpaper in our lives. But it distracts us from observing the world, interacting with one another, and even enjoying a moment of peace and reflection. We may be more informed, but there's a toll on our physical, mental, and social health.

Q So what are the negative effects?

A One is obesity—studies have found that kids who watch more TV are more likely to be overweight, and it's not just because they are sitting still. Most commercials promote processed, high-calorie foods, and kids crave the products they see in those ads. But the lists of negative effects goes on. Exposure to media has been linked to smoking, sexual risks, eating disorders, and substance abuse

Q Are you concerned about violence?

A Research shows violence in media increases anxiety, fear, aggressive behavior, poor sleep, and academic and attention problems among kids. Plus, kids who are entertained by violence can get desensitized and not take a stand against bullying—making our schools and communities more dangerous.

Q Is educational programming better?

A A bit better for older kids. But there are no positive effects for children under age 2. Their brains are not yet developed enough to learn from a screen. Even the "baby videos" might contribute to cognitive delays and cause real harm.

By the numbers"

74% - The percentage of children who watch TV before they are 2

43% - The percentage of kids under age 2 who watch TV every day.

51% - The percentage of homes where the TV is on most or all of the time

33% - The percentage of kids under 6 who have TV set in their bedroom

63% - The percentage of American homes that have a TV on during meals.

17 billion dollars spent annually on commercials that are targeted at kids.

